

Who can avail of these services ?

Eligibility:

Single or married couples 60-70 years of age who are medically fit and can undertake day-to-day activities on their own without anyone's logistic assistance.



The resident will have to pay for infrastructure facilities under no-profit no-loss basis, like, electricity, food, medical & pharmacy expenses and likewise any other personal expenses including individual cottages and guest rooms.

Donations:

To translate our noble endeavor into reality we seek your kind support by way of generous donations as the Trust will run Maitri on a no-profit no-loss basis.

You could also sponsor a block/facility in the fond memory of your loved one - contact for details.

Mail donation cheques payable to "Yoga Vidya Pranik Healing Foundation Trust of Rajasthan" to our Jaipur address and for NEFT details contact us.



Bhoomi Poojan of our 8600 SqM land on Agra Road for the upcoming project, "Maitri Homes For Senior Citizen" was held on 13.12.2021.



Trustees', Pranik Healers of Rajasthan Foundation with our architect, Ritu Khandelwal participated in the pooja.



High-rise boundary wall construction work in progress.

The project is likely to be completed by June 2023.

All senior citizens desiring to avail the residential facility can contact us.

MAITRI HOMES for SENIOR CITIZEN

(Venture of Yoga Vidya Pranik Healing
Foundation Trust of Rajasthan. Regd.: 2007)

50, Dhuleshwar Garden, C-Scheme, Jaipur -302001 INDIA
Website : www.pranajaipur.com



Maitri: The term **Maitri** is translated from Sanskrit as "loving - kindness", "benevolence", or "friendliness".

LOCATION

Village : Meethawas,
Tehsil : Bassi, Disst. : Jaipur,
On Agra Road, 40 kms from main Jaipur city

For inquiries please contact:

Ms. Yaamini Agarwal – 9549999466
Dr. Rahul Agarwal – 9887707043
Ms. Ankita Singhanian - 8290135418
Ms. Sushma Bajaj- 9828117080

All donations exempted under 80G of I.T. Act

Inspirational Mantra:

Taking inspiration from this concept "Maitri Homes" has been conceptualized as the assisted living old age project for seniors in the vicinity of Jaipur city as a self-sufficient and self-reliant trusted name for the society.

Statistics:

As per an estimate there were 14 crores senior citizens in India in the year 2018 which are expected to rise to 21 crores by 2030. Overall, 25% of the population of India will comprise of senior citizens by 2050.

21st Century Families:

Also, these senior citizens of our nation are in dire need of love, care and protection as due to nuclear family concept in India. The family disintegration taking place at an early stage and the older people of the families are considered a non-productive asset. Thus, it is highly important that a helping hand must come to sail these people through their lives with dignity, respect and happiness.

Facilities and Services in Maitri Homes

Double occupancy room with provisions of TV, Washing Machine and Air Conditioner



The rooms will have an attached toilet, balcony and a storeroom

- High Security Boundary Wall.
- Service Entry And Security Guards.
- Guest Rooms for visiting families.

Provision of individual cottages with servant quarter



CCTV Surveillance

Periodic Doctor's Visit



Note: The room accommodation will be offered to the residents free of charge.

Infrastructure Facilities and Resident Engagement Activities

Auditorium for movies, lectures, get-togethers.



Meditation Center and library.



Periodic talks on various topics related to Health, Food, Vedic Culture and Yoga Prana Vidya.



Common Activity Room with facilities for recreational activities like cards, carom, chess, etc.



Jogging track for morning and evening walks



Open area for regular morning Yoga sessions

Dining Hall with modular kitchen serving healthy and nutritious food.



Physiotherapy and exercise room.



Medical center with first-aid facilities & health checkup.

Temple for prayers.

